

The St. Clair Shores Senior Center & Oasis Senior Advisors Present

NO COST

CAREGIVING SURVIVAL - LET'S UNDERSTAND DEMENTIA.

Jill Gafner Livingston will combine Caregiving Survival with instruction on caring for loved ones who exhibit dementia. The content will review ways to manage behaviors and give caregivers tools to assist them in their role as a caregiver. Participants will receive a handout containing the presentation.



"Caregivers are at a great health risk due to the amount of stress they carry with them at all times."

Jill Gafner Livingston, BSBM, CDP,
Owner, Global Training Experts LLC
Certified Dementia Practitioner
Author, Personal Positioning for the
Caregiver, 2006
Public Speaker, Professional Trainer,
Support Group Facilitator

DATE/Time/LOCATION

Wednesday, Sept 28, 2022

5:00 pm – 6:30 PM

St. Clair Shores Activities Center

City of St. Clair Shores, 20100 Stephens, St. Clair Shores, MI 48080

▶ ▶ ▶ **Please call 586-498-2413 to reserve your seat.**